



Dartmouth
Health Children's

STAGE 3

Booster Seat

Car Seat Safety Information
for Parents & Caregivers



**SAFE
KIDS**
NEW HAMPSHIRE



1 (877) 783-0432
beseatsmartNH.org

Is my child ready for a booster seat?

- + When a child has outgrown the forward-facing, harnessed car seat, it's time to use a booster.
- + We recommend children stay harnessed until at least age 5 or 6.
- + Place the lap belt low over the hips. Never allow the lap belt to ride over the abdomen.
- + Booster must be used with a lap and shoulder belt. Using a lap-only belt can cause serious injury or death.
- + Backless boosters may be used if the vehicle's seat has a high seat back or a head restraint and the belt fits correctly on the shoulder. If the vehicle does not have a head restraint, use a high-backed booster.
- + Children should ride in boosters until they properly fit in a seatbelt and are at least 8 years of age.

