

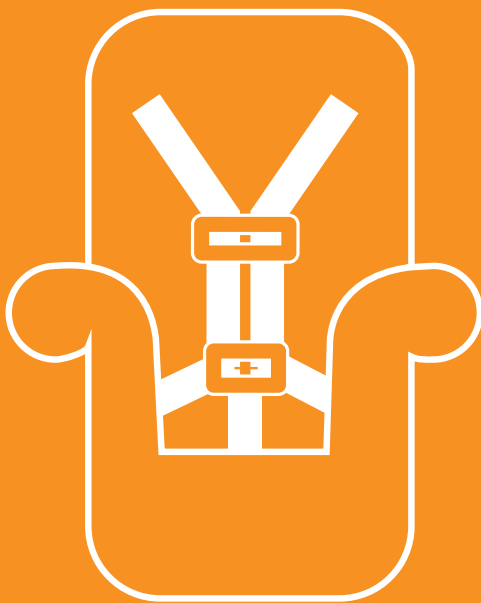


Dartmouth  
Health Children's

# STAGE 2

## Forward-Facing Seat

Car Seat Safety Information  
for Parents & Caregivers



**SAFE  
K:DS**  
NEW HAMPSHIRE



1 (877) 783-0432  
[beseatsmartNH.org](http://beseatsmartNH.org)

## Child safety seats work best when used correctly.

### 4 out of 5 parents can use a helping hand.

- + When a child has outgrown a rear-facing seat, they may be turned forward-facing. This is usually after 3 years old.
- + Keep children harnessed until they reach their seat's upper weight or height limit.
- + Harness straps at or above the shoulder.
- + Remember to start using the top tether and install tightly.
- + It is safest to keep your child in a five-point harness until your child is 5 or 6 years old or to the capacity of the seat.

## Children are depending on you to properly buckle them up.

### All Harnessed Seats:

- + Check both the car seat owner's manual and the vehicle manual for proper installation.
- + Check labels to determine the correct belt path of the child seat.
- + Use the seat belt or lower anchors, not both.
- + The seat belt must be locked when used with a car seat. See the vehicle and car seat manuals for instructions.
- + Make sure the seat is secured and snug to the vehicle with less than one inch of side-to-side movement. Check by placing one hand at the belt path and pulling.

✔ **Children are safest in the back seat!**

